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## Parents Support Group

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Date: December 16, 2015

Time: 10 A.M.

Where: 715 24<sup>th</sup> Street Suite I

Paso Robles, CA. 93446

### Join other parents to discuss various topics:

- ✓ Nutrition on a budget
- ✓ Housing
- ✓ Healthcare
- ✓ Basic skills development for young children.
- ✓ Time management
- ✓ School readiness
- ✓ Developing healthy relationships
- ✓ Discipline techniques

### What will you get out of this?

- Build relationships with other parents
- Share and communicate your concerns and needs
- Support each other
- Develop parenting skills and techniques
- Learn about community resources
- Practice healthy accountability
- Everything stated in the group is kept 100% confidential.

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*For more information please call Jenny Huss @ 805-703-3390*

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All pregnant and parenting individuals are welcome to attend.

Guest speakers will come to provide information on community resources, share their stories and more! Refreshments provided!

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San Luis Obispo County  
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